

Randall Joseph Ruark, M.D.
The Hughston Clinic
6262 Veterans Parkway
P.O. Box 9517
Columbus, Georgia 31909/31908-9517

WORK EXPERIENCE

01/2015 - present **Surgeon, Hip and Knee Arthroplasty**
The Hughston Clinic
Columbus, Georgia

07/2015 – present **Core Faculty,**
Jack Hughston Memorial Hospital Residency Program
Phenix City, Alabama

01/2011 - 12/2014 **Assistant Professor**
08/2011 - 12/2014 **Chief, Adult Hip and Knee Reconstruction Service**
08/2011 - 06/2014 **Medical Director, Georgia Regents Orthopaedics Associates**
Georgia Regents University, Department of Orthopaedic Surgery
Augusta, Georgia

08/2007 - 12/2010 **Surgeon, General Orthopaedics**
Augusta Bone & Joint, Augusta, Georgia

09/2007 - 05/2008 **Assistant Professor Part Time**
Medical College of Georgia, Dept. of Orthopaedic Surgery
Augusta, Georgia

PROFESSIONAL TRAINING

01/2012 - 03/2012 **Adult Hip & Knee Reconstruction Mini Fellowship**
Emory University, Atlanta, Georgia

07/2002 - 06/2007 **Orthopaedic Surgery Residency**
Medical College of Georgia, Augusta, Georgia

EDUCATION

08/1998 - 05/2002 **Medical School**
Medical College of Georgia, Augusta, Georgia
3.71 GPA

09/1996 - 06/1998 **Pre-med Coursework**
Columbus State University, Columbus, Georgia
4.0 GPA

09/1984 - 12/1989 **Bachelors in Electrical Engineering**
Graduated *with Honor*
Georgia Institute of Technology, Atlanta, Georgia

PREVIOUS WORK EXPERIENCE

- 1993 - 1998 **Account Executive**, Georgia Power Company, Columbus, GA
Managed large revenue industrial customers
- 1992 - 1993 **Distribution Engineer**, Georgia Power Company, Columbus, GA
Designed and maintained 25 kV power distribution system
Supervised 14 man Storm Team in 1993
- 1989 - 1991 **Marketing Engineer**, Georgia Power Company, Columbus, GA
Managed large commercial and industrial accounts

HONORS AND AWARDS

- 2013 **Georgia Physicians Leadership Academy**
- 2001 Elected to **AOA**
- 1997 **Industrial Sales Legend Award**
Georgia Power statewide sales award
- 1989 **Omicron Delta Kappa**
College leadership honor society
- 1989 **Kappa Alpha Order** national scholarship recipient

ACTIVITIES

- 2013 - 2014 **GRU Student Promotions Committee**
- 2012 **Chief of Staff**
Trinity Hospital of Augusta, Augusta, Georgia
- 2011 **Chairman, Quality and Safety Committee**
Trinity Hospital of Augusta, Augusta, Georgia
- 2002 **Caddie, Augusta National Golf Club**
Augusta, Georgia
- 1998 - 1999 **Kaplan MCAT Course Teacher**
Columbus, Georgia and Augusta, Georgia
- 1993 - 1994 **President, Columbus Jaycees**
Columbus, Georgia
- 1990 **Local Georgia Power United Way Chairman**
Columbus, Georgia
- 1988 **President, Kappa Alpha Order**
College social fraternity

RESEARCH and PUBLICATIONS

- Ruark R. "Metal on Metal Hip Replacements". Hughston Health Alert, 27 2, Spring 2015: 1-2
- Periyasamy-Thandavan S, Mass S, Fulzele S, Shi XM, Chutkan N, Ruark R, Hinson J, Hunter M, Corpe R, Xu H, Isales C, Hamrick M, Hill W; Age-associated Changes in MicroRNA Expression Affects Differentiation Potential in Human Mesenchymal Stem Cells; Baltimore Convention Center, Baltimore, MD; # SA0002, October 2013
- Upadhyay S, Periyasamy-Thandavan S, Hill W, Isales C, Ruark R, Chutkan N, Hinson J, Corpe R, Park MA, Laserna C, Hamrick M; miR-125a, a Pro-inflammatory microRNA that Enhances NF-kB Signaling, Is Elevated with Age in Human Bone Marrow Microvesicles; Baltimore Convention Center, Baltimore, MD; # MO0151; October 2013
- Periyasamy-Thandavan S, Herrero SM, Fulzele S, Hamrick MW, Shi X, Isales C, Chutkan N, Ruark R, Hinson J, Hunter M, Xu H, Hill WD. Differential Expression of MicroRNAs in Human Mesenchymal Stem Cells with Age May Be Related to Musculoskeletal Disorders. American Society for Bone and Mineral Research Annual Meeting, Minneapolis, MN, October 2012
- Wenger KH, Hamrick MW, Akins JP, Ruark RJ, Holloway JP. "Effects of Hypermuscularity on Vertebral Body Strength and Morphology in Myostatin Knockout Mice". Orthopaedic Research Society Annual Meeting. San Diego, California, February 10-12, 2007, Poster Session.
- Hill JH, Fulcher SM, Waller, JL, Brooks, JK, Ruark RJ. "An Analysis of Patients with Multiple Trigger Digits". 56th Annual Meeting of the Society for Surgery of the Hand. Seattle, Washington, October 4, 2001, Poster Session.

PRESENTATIONS

Economics of Joint Replacement

September 23, 2016 Georgia Orthopaedic Society Annual Meeting

Case Report: Trans Oral Approach to C1/C2

October 8, 2005 Georgia Orthopaedic Society Annual Meeting