

BRADLEY L. YOUNG, MD

Board Certified by the American Board of Orthopaedic Surgery

CURRENT POSITION

Hughston Clinic, Sports Medicine and Shoulder Reconstruction
Orthopaedic Sports Medicine Fellowship Faculty
Full medical license GA and AL

Head Team Physician, Columbus Lions, American Indoor Football League

Team Physician, Southern Union Community College

Team Physician Russell County High School

Edward Via College of Osteopathic Medicine-Auburn Campus; Sports Medicine Fellowship Site Director

EDUCATION

7/2022 - 8/2023 Orthopaedic Sports Medicine Fellowship, Emory University, Atlanta, GA
Complex knee reconstruction, complex shoulder reconstruction, sports injuries of the knee, elbow, and shoulder and ankle, cartilage restoration

7/2017 – 7/2022 Orthopaedic Surgery Residency, Carolinas Medical Center (CMC), Atrium Musculoskeletal Institute (MSKI), OrthoCarolina, Charlotte, NC
High volume trauma center with world-renowned orthopaedic subspecialties

7/2013 – 6/2017 M.D., University of Alabama at Birmingham School of Medicine (UAB), *AOA, Cum Laude*, Birmingham, AL

7/2009 – 5/2013 B.S., Biomedical Sciences, *Summa Cum Laude, Dean's Medalist*, Auburn University, Auburn, AL
Top of graduating class

LEADERSHIP

8/2023 - Present Journal Reviewer, American Journal of Sports Medicine

7/2021 - 7/2022 Chief Resident, Orthopaedic Surgery Residency, Carolinas Medical Center (CMC), Atrium Musculoskeletal Institute (MSKI), OrthoCarolina, Charlotte, NC

6/2019 Heart of a Champion- Resident Coordinator
Atrium Healthcare System- Mecklenburg County
Charlotte, NC
Performed sports physicals for over 2,000 student athletes, Coordinated resident involvement

9/2015 – 9/2016 Learning Community Mentor
Volunteer upperclassman mentor to students in learning community
University of Alabama at Birmingham School of Medicine

8/2015 – 8/2016 Admissions Host

Tour and Q&A for medical school interviewees
Medical School Admissions Committee
University of Alabama at Birmingham School of Medicine

- 5/2013 – 5/2014 Vice President, Journal Club Leader
Orthopaedic Surgery Interest Group
University of Alabama at Birmingham School of Medicine
- 2/2012 – 2/2013 President
16 select juniors and seniors involved in 90 events per semester, Dean's assistants
College of Science and Mathematics Leaders
Auburn University
- 8/2009 – 5/2010 Honor Pledge
Academic coordinator; selected via peers based on leadership and scholastic achievement
Sigma Nu Fraternity
Auburn University
- 8/2010 – 5/2013 Scholarship Coordinator
Maintenance of fraternity scholastic achievement
Sigma Nu Fraternity
Auburn University
- 3/2011 – 5/2012 Research Ambassador
Encouraged undergraduate research, Oral presentation moderator at AU Research week
Auburn University Undergraduate Research Fellowship Program
Auburn University
- 8/2009 – 7/2010 Freshman Forum
Student Government Association
Auburn University
Select group of 50 Freshman, Hey Day Greeter, Director of the Kid's Fun Run Benefiting Project Uplift, Fall 5K, Co-Author of Freshman E-mail, Auburn University High school Leadership Conference
- 1/2010 – 3/2010 Athletic Department Liaison
Student Government Association
Auburn University

COMMUNITY SERVICE

- 6/2018 Heart of a Champion
Atrium Healthcare System- Mecklenburg County
Charlotte, NC
Performed sports physicals for over 2,000 student athletes, Coordinated resident involvement
- 7/2015 Medical Mission Trip
Christian Medical Ministry of Alabama
Dominican Republic
Provided medical care for 600+ patients without access to healthcare
- 7/2014 Medical Mission Trip
Christian Medical Ministry of Alabama
Dominican Republic
Returned as upperclassman to teach newer med students and serve as clinic provider
- 4/2014 HIV Screening
Equal Access Birmingham
Birmingham, Alabama

4/2013 Church of the Highlands Serve Day
Irondale, Alabama

9/2011 – 12/2011 Patient Care Assistant
Unity Wellness HIV Clinic
Auburn, Alabama
Assisted clinicians and served as patient comforter

8/2009 – 5/2011 Boys' and Girls' Club
Auburn University IMPACT

8/2009 – 5/2011 Farmer's Market
Auburn University IMPACT

2/2011 Valentine's Day Card Drive
Magnolia Place Assisted Living
Auburn, Alabama

4/2010 Auburn City Fest
City of Auburn

5/2010 Historic Site Restoration
Historic Tuskegee Restoration Project
Tuskegee, Alabama

10/2009 – 11/2009 Food Drive
Student Government Association
Auburn University

AWARDS AND HONORS

6/2021 First Place Award for Sports Medicine Podium Presentation
North Carolina Orthopaedic Association (NCOA)

6/2020 Best Resident Clinical Paper Award
Atrium MSKI Research Day

9/2018 First Place Award for Podium Presentation
OREF/ORS Southeast Resident Research Symposium
Duke University

6/2017 Achievement Award for Excellence in the Clinic Curriculum
UAB School of Medicine

6/2017 ProAssurance "Outstanding Patient Communication Award," \$500
UAB School of Medicine

9/2016 Alpha Omega Alpha, AOA
UAB School of Medicine

8/2016 Jimmy Beard Medical Alumni Endowed Scholarship
UAB School of Medicine

7/2015 Outstanding Clinical Honors, *top 10% of course by scholarship and evaluation*
Introduction to Clinical Medicine Course
UAB School of Medicine

9/2015 Poster Presentation Award, \$125
Comprehensive Arthritis, Musculoskeletal, Bone and Autoimmunity Center; Birmingham, AL
"U.S. Trends in Joint Replacement Surgery in Rheumatoid Arthritis Patients"

- 5/2013 Dean's List, *2009,2011,2012,2013*
Auburn University
- 5/2013 Who's Who Among American Colleges and Universities
Faculty nomination, awarded to select group of student who excel in community service and scholarship
Auburn University
- 5/2013 Dean's Medal In Biomedical Sciences, the *top graduate in major by merit and evaluation*
College of Sciences and Mathematics
Auburn University
- 3/2013 Susan Stacy Entrekin Yates Award Winner, *\$225 by faculty recommendation and scholarship*
The Honor Society of Phi Kappa Phi
Auburn University
- 3/2013 Phi Kappa Phi, *top 5% of Auburn University by scholarship and faculty nomination*
Auburn University
- 5/2012 COSAM Outstanding Junior Award, the *top student in junior class by scholarship and evaluation*
College of Sciences and Mathematics
Auburn University
- 4/2012 COSAM Donors Scholarship
College of Sciences and Mathematics
Auburn University
- 5/2011 COSAM Outstanding Sophomore Award, *top student in sophomore class by merit and evaluation*
College of Sciences and Mathematics
Auburn University
- 5/2010 Honorary Candidate, the *top pledge by scholarship, performance, and executive vote*
Sigma Nu Fraternity
Auburn University
- 5/2010 COSAM Outstanding Freshman Award, *top student in sophomore class by merit and evaluation*
College of Sciences and Mathematics
Auburn University
- 8/2009 Auburn Spirit Foundation Legacy Scholarship
Auburn University
- 5/2009 National Scholar/Athlete Award, *for academic and athletic excellence*
The United States Army
Lee-Scott Academy

COURSES

- 5/2023 AOSSM
Washington, D.C.
- 8/2022 Sports Medicine Fellows Course
Rosemont, Illinois
- 2/2021 Academy of Orthopaedic Surgery National Meeting
San Diego, California
- 12/2019 International Pediatric Orthopaedic Symposium
Orlando, Florida

- 3/2018 AO Basic Principles of Fracture Management
Kansas City, Missouri
- 9/2018 Fundamentals of Knee and Shoulder Arthroscopy for Orthopaedic Residents
OLC Education and Conference Center: Rosemont, IL

GRANTS / FUNDING

- Past, 2024 DonJoy
"0 vs -10 deg brace setting after ACL reconstruction"
\$Proprietary
- Past, 2018 Winkler Internal Grant
"Outcomes of Posterior Labral Repair with or without Concomitant High-Grade Glenohumeral Chondral Pathology: a retrospective cohort with minimum 2-year follow-up"
Funding: \$25,150
- Past, 2018 Internal Research Advisory Committee (RAC)
"Reverse Shoulder Arthroplasty with and without Concomitant Latissimus Dorsi and Teres Major Transfer for Shoulder Pseudoparalysis with Teres Minor Dysfunction: A Prospective, Randomized Investigation"
Funding: \$11,487
- Past, 2015 University of Alabama at Birmingham Division of Orthopaedics Research Grant
"Effect of Caffeine on Rotator Cuff Tendon Repair in a Rat Model"
Award Total: \$10,000
- Past, 2014 National Institutes of Health T-35 Training Grant, #5T35HL007473
"Factors Associated with In-Hospital Pulmonary Embolism after Shoulder Arthroplasty"
Award Total: \$3,820
- Past, 2011 One Year Auburn University Undergraduate Research Fellowship
"Molecular Photovoltaic Systems Based on Porphyrin/Fullerene Assembled in Lipid/Alkanethiol Hybrid Bilayers"
Award Total: \$6,000

INNOVATION

- Patent Pending Novel Fixation Device for ACL Reconstruction
- Patent Pending Novel Humeral Head Implant for Reverse Shoulder Arthroplasty
- Patent Pending Novel Kirschner Wire Guide

JOURNAL PUBLICATIONS

- 2023 Gregory L. Darville, **Bradley L. Young**, Joseph D. Lamplot, John W. Xerogeanes, Arthroscopic-Assisted Lateral Extra-Articular Tenodesis With Knotless Anchor Fixation, *Arthroscopy Techniques*, 2023
- 2023 **Young BL**, Hammond KE. Editorial Commentary: Limited Preoperative Range of Motion Is Associated With Range of Motion Deficits After Anterior Cruciate Ligament Reconstruction: "If the Knee Is Not Straight, Wait". *Arthroscopy*. 2023 Jul;39(7):1690-1691. doi: 10.1016/j.arthro.2023.03.003. PMID: 37286287.
- 2023 **Young BL**, Xerogeanes JW. "Luggage Tag" Suture Modification for Closing the Quadriceps Tendon Autograft Harvest Site. *Arthroscopy Techniques*. Accepted March 16, 2023

- 2023 **Young BL**, Karas SG. Partial Humeral Head Arthroplasty, Glenoid Allograft Augmentation, and Open Bankart Reconstruction for Critical Glenoid Bone Loss and an Engaging Hill-Sachs. Video Journal Sports Medicine. Accepted for publication.
- 2023 Schick S, Cantrell C K, **Young B**, et al. (January 27, 2023) The Mechanism of Anterior Cruciate Ligament Injuries in the National Football League: A Systematic Video Review. Cureus 15(1): e34291. doi:10.7759/cureus.34291
- 2022 Hurwuit D, **Young BL**, Habet NA, Meade JD, Berk AN, Odum S, Wang S, Schallmo MS, Fleischli JE, Trofa DP, Saltzman BM. Biomechanical comparison of Tibial-sided supplemental fixation techniques in Bone-Patellar Tendon-Bone anterior cruciate ligament reconstruction. Knee. 2023 Mar;41:66-71. doi: 10.1016/j.knee.2022.12.005. Epub 2023 Jan 11. PMID: 36638705.
- 2022 Jackson GR, Meade J, Coombes K, **Young BL**, Hamid N, Piasecki DP, Fleischli JE, Trofa DP, Saltzman BM. Onlay Versus Inlay Biceps Tenodesis for Long Head of Biceps Tendinopathy: A Systematic Review and Meta-analysis. J Am Acad Orthop Surg Glob Res Rev. 2022 Dec 9;6(12):e22.00255. doi: 10.5435/JAAOSGlobal-D-22-00255. PMID: 36732300; PMCID: PMC9746747.
- 2022 Meade JD, Jackson GR, Schallmo MS, **Young B**, Parisien RL, Trofa DP, Connor PM, Schiffert S, Hamid N, Saltzman BM. Comorbidity scores reported in anatomic and reverse total shoulder arthroplasty: a systematic review. Int Orthop. 2022 Sep;46(9):2089-2095. doi: 10.1007/s00264-022-05462-6. Epub 2022 Jun 6. PMID: 35666300.
- 2022 Jackson GR, Meade J, Yu Z, **Young B**, Piasecki DP, Fleischli JE, Parisien RL, Trofa DP, Saltzman BM. Outcomes and failure rates after revision meniscal repair: a systematic review and meta-analysis. Int Orthop. 2022 Jul;46(7):1557-1562. doi: 10.1007/s00264-022-05413-1. Epub 2022 Apr 27. PMID: 35477793.
- 2022 **Young BL**, Ruder JA, Scarola GT, Hong IS, Meade JD, Piasecki DP, Saltzman BM, Fleischli JE. Clinical and Radiologic Outcomes after Meniscal Root Repair: A Case Series. J Knee Surg. 2023 Jul;36(9):971-976. doi: 10.1055/s-0042-1755421. Epub 2022 Jul 28. PMID: 35901800.
- 2022 Meade J D, **Young BL**, Yu Z, et al. (February 10, 2022) Distal Clavicle Excision: An Epidemiologic Study Using the National Ambulatory Surgery Sample Database. Cureus 14(2): e22092. doi:10.7759/cureus.22092
- 2021 **Young BL**, Sheppard ED, Phillips S, Stubbs TM, He JK, Moon A, Pinto MC, McGwin G, Brabston EW, Gilbert SR, Ponce BA. Caffeine intake does not appear to impair tendon-to-bone healing strength in a rat rotator cuff repair model. JSES Int. 2022 Jan 30;6(3):463-467. doi: 10.1016/j.jseint.2021.12.011. PMID: 35572424; PMCID: PMC9091803.
- 2021 Jackson GR, Meade J, **Young BL**, et al. Onlay versus inlay humeral components in reverse shoulder arthroplasty: A systematic review and meta-analysis. Shoulder & Elbow. December 2021. doi:10.1177/17585732211067171
- 2021 Cantrell C K, **Young B**, Mosher Z, et al. (N/A) Mechanism of Anterior Cruciate Ligament Injuries in the National Football League: A Systematic Video Review . Cureus (): e. doi:10.7759/cureus.
- 2021 John A. Ruder, **Bradley L. Young**, Patrick M. Connor, Distal clavicle “A-frame” morphology: a reliable intraoperative guide for arthroscopic distal clavicle excision, Journal of Shoulder and Elbow Surgery, 2021, ISSN 1058-2746, <https://doi.org/10.1016/j.jse.2021.10.013>.
- 2021 **Young BL**, Corpus KT, Scarola G, Trofa DP, Connor PM, Hamid N, Piasecki DP, Saltzman BM, Fleischli JE. Outcomes of Posterior Labral Repair with or without Concomitant High-Grade Glenohumeral Chondral Pathology: a retrospective cohort with minimum 2-year follow-up. J Shoulder Elbow Surg. 2021 May 5:S1058-2746(21)00411-0. doi: 10.1016/j.jse.2021.04.030. Epub ahead of print. PMID: 33964429.
- 2020 **Young BL**, Hamid N. Response to Letter to the Editor regarding: "Reverse shoulder arthroplasty with and without latissimus and teres major transfer for patients with combined loss of elevation and external

rotation: a prospective, randomized investigation". *J Shoulder Elbow Surg.* 2020 Dec 24;S1058-2746(20)30924-1. doi: 10.1016/j.jse.2020.11.003. Epub ahead of print. PMID: 33359904.

- 2020 Ransom EF, Minton HL, **Young BL**, et al. Intermediate and Long-term Outcomes Following Surgical Decompression of Neurogenic Thoracic Outlet Syndrome in an Adolescent Patient Population. *Hand (N Y)*. 2020;:1558944719901319.
- 2020 **Young BL**, Connor PM, Schiffert SC, Roberts KM, Hamid N. Reverse Shoulder Arthroplasty with and without Concomitant Latissimus Dorsi and Teres Major Transfer for Shoulder Pseudoparalysis with Teres Minor Dysfunction: A Prospective, Randomized Investigation. *Journal of Shoulder and Elbow Surgery*. April 2020.
- 2019 **Young BL**, Trofa DP, Ruder JA, Fleischli JE. Visualization of Concurrent Anterolateral and Anterior Cruciate Ligament Injury on Magnetic Resonance Imaging. *Arthroscopy*. 2020
- 2018 **Young BL**, Cantrell CK, Hamid N. Classifications in Brief: The Nerot-Sirveaux Classification for Scapular Notching. *Clin Orthop Relat Res*. 2018
- 2018 Cantrell CK, Bergstresser SL, Schuh AC, **Young BL**, Gray SH, White JA. Accessibility and content of abdominal transplant fellowship program websites in the United States. *Journal of Surgical Research*, Volume 232 , 271 - 274
- 2018 Cantrell CK, Dahlgren NJ, **Young BL**, Hendershot KM. Evaluation of Trauma, Surgical Critical Care, and Acute Care Surgery Fellowship Web Sites. *Journal of Surgical Research*. 2019
- 2018 **Young BL**, Cantrell CK, Ponce BA, Quade JH. Evaluation of Orthopaedic Trauma Fellowship Web Sites and an Assessment of 21 Content Domains. *Iowa Orthop J*. 2018;38:39-43.
- 2017 **Young BL**, Cantrell CK, Patt JC, Ponce BA. Accessibility and content of individualized adult reconstructive hip and knee/musculoskeletal oncology fellowship web sites. *Arthroplasty Today*. 2018;4(2):232-235. doi:10.1016/j.artd.2017.10.003.
- 2016 **Young BL**, Watson SL, Perez JL, Mcgwin G, Singh JA, Ponce BA. Trends in Joint Replacement Surgery in Patients with Rheumatoid Arthritis. *J Rheumatol*. 2018;45(2):158-164.
- 2015 **Young BL**, Young BL, Watson SL, Meyer RD, Ponce BA. Nonunion of first rib fracture in a softball player: case report of a rare cause of thoracic outlet syndrome. *Journal of shoulder and elbow surgery*. Nov 2016;25(11):e353-e357.
- 2015 **Young BL**, Oladeji LO, Cichos K, Ponce B. Content and Accessibility of Shoulder and Elbow Fellowship Web Sites in the United States. *The Iowa Orthopaedic Journal*. 2016; 36:36-40.
- 2015 Ponce BA, Cain EL, Jr., Pflugner R, **Young BL**, et al. Risk Factors for Revision Anterior Cruciate Ligament Reconstruction. *The journal of knee surgery*. May 2016;29(4):329-336.
- 2015 **Young BL**, Menendez ME, Baker DK, Ponce BA. Factors associated with in-hospital pulmonary embolism after shoulder arthroplasty. *Journal of Shoulder and Elbow Surgery / American Shoulder and Elbow Surgeons*. Oct 2015;24(10):e271-278.
- 2012 **Young, B.**, and W. Zhan. (2012). Molecular Photovoltaic Systems Based on Porphyrin/Fullerene Assembled in Lipid/Alkanethiol Hybrid Bilayers: A Preliminary Study on the Effect of the Thickness of Self-Assembled Alkanethiol Monolayers on Photocurrents. *AuJus*: 1(1) 20-23.

BOOK CHAPTERS

Godin JA, Wittstein JR, Levin LS, **Young BL**, Moorman CT. Chronic Exertional Compartment Syndrome. *Operative Techniques in Orthopaedic Surgery. 3rd Edition*. Philadelphia: Lippincott Williams & Wilkins, 2021. Print.

Altentorn-Geli E, Stuart JJ, Choi JH, **Young BL**, Moorman CT. Collateral Ligament Injuries. *Orthopaedic Knowledge Update: Sports Medicine. 6th Edition*. Philadelphia Rosemont, Illinois: Wolters Kluwer American Academy of Orthopaedic Surgeons, 2022. Print.

Young BL and Saltzman BM. Etiology of Glenohumeral Osteoarthritis in the Young Patient. *Shoulder Arthritis in the Young Patient*, an ASES commissioned work by Springer Nature. Accepted, in publication phase. July 2020.

GRAND ROUNDS / LECTURES

- 2024 The Posterior Cruciate Ligament
The Hughston Clinic Orthopaedic Surgical Fellowship
- 2024 Intro to Orthopaedic Surgery
Virginia College of Osteopathic Medicine
- 2024 Upper Extremity Fractures and Surgical Management
Virginia College of Osteopathic Medicine
- 2024 Surgical Management of Lower Extremity Injuries
Virginia College of Osteopathic Medicine
- 2023 Upper Extremity Fractures and Surgical Management
Virginia College of Osteopathic Medicine
- 2023 Surgical Management of Lower Extremity Injuries
Virginia College of Osteopathic Medicine
- 2023 The Posterior Cruciate Ligament
The Hughston Clinic Orthopaedic Surgical Residency
- 2018 Grand Rounds, Atrium Musculoskeletal Institute
Charlotte, NC, October 18, 2018
“Brachial Plexus Regional Anesthesia”
- 2019 Grand Rounds, Atrium Musculoskeletal Institute
Charlotte, NC, March 5, 2019
“Chronic Exertional Compartment Syndrome of the Lower Leg”
- 2019 Grand Rounds, Atrium Musculoskeletal Institute
Charlotte, NC, March 5, 2019
“Isolated MCL Injuries about the Knee”
- 2020 Grand Rounds, Atrium Musculoskeletal Institute
Charlotte, NC, June 12, 2020
“Etiologies of Shoulder Arthritis in the Young Adult”
- 2020 Grand Rounds, Atrium Musculoskeletal Institute
Charlotte, NC, August 27, 2020
“Tranexamic Acid in Orthopaedic Surgery”
- 2020 Grand Rounds, Atrium Musculoskeletal Institute
Charlotte, NC February 2020
“ALL Reconstruction vs. LET for Augmenting High Risk ACLR”

PRESENTATIONS (Bold = personal presentation, was an author on all)

2023. Emory Sports Symposium- MicroRaptor study , prospective cohort series.
- 2022 NASS ACDF Abstract

2022 “Rotator Cuff Disease”
ASES Foundation Shoulder Week, Columbus, GA
Podium Presentation by **BL Young**

2022 “The Unrecognized Subscapularis Tear: Fix it!”
Orthopaedic Summit Evolving Techniques (OSET), Boston, MA
Podium Presentation by Spero Karas, MD (BL Young co-presenter)

2022 “The A-Frame for Distal Clavicle Resection: a cadaveric study to identify anatomical parameters and CT inter-rater reliability”
MSKI Resident Research Day, Charlotte, NC
Podium Presentation by B.L. Young

2022 Hong IS, Cavil N, **Young B**, Meade J, Yu Z, Trofa DP, Fleischli JE, Piasecki DP, **Saltzman BM**.
Trends in Meniscectomy vs. Meniscal Repairs: An Epidemiologic Study using Nationwide Ambulatory Surgery Sample. American Academy of Orthopedic Surgeons AAOS 2022 Annual Meeting; Chicago, IL. Mar 22-26, 2022.
Poster Presentation by **BL Young**

2022 Jackson GR, Meade J, Yu Z, **Young B**, Piasecki DP, Fleischli JE, Parisien RL, Trofa DP, Saltzman BM. Outcomes and Failure Rates after Revision Meniscal Repair: A Systematic Review and Meta-Analysis. American Academy of Orthopedic Surgeons AAOS 2022 Annual Meeting; Chicago, IL. Mar 22-26, 2022.
Poster Presentation by **BL Young**

2021 AAOS Annual Meeting
“Failure to Medically Optimize Increases Complications after Primary Total Hip Arthroplasty”
Podium Presentation by **BL Young**

2021 AAOS Annual Meeting
“Clinical and Radiologic Outcomes after Meniscal Root Repair: a case series.”
San Diego, CA. Sept 1, 2021
Poster Presentation by B.L. Young

2021 AAOS Annual Meeting
“Outcomes Of Posterior Labral Repair With Or Without Concomitant High-Grade Glenohumeral Chondral Pathology: A Retrospective Cohort With Minimum 2-Year Follow-Up.”
San Diego, CA. Sept 1, 2021
Podium Presentation by B.L. Young

2021 North Carolina Orthopaedic Association (NCOA)
“The A-Frame for Distal Clavicle Resection: a cadaveric study to identify anatomical parameters and CT inter-rater reliability”
Pinehurst, North Carolina Oct 29-31
1st Place Award- Sports Medicine Session
Podium Presentation by B.L. Young

2021 British Elbow & Shoulder Society (BESS)
“Outcomes Of Posterior Labral Repair With Or Without Concomitant High-Grade Glenohumeral Chondral Pathology: A Retrospective Cohort With Minimum 2-Year Follow-Up,”
London, England July 15, 2021
Invited International Podium for Top 10 ASES Paper of 2021
Podium Recorded Presentation by B.L. Young

2020 American Shoulder & Elbow Surgeons (ASES) Annual Meeting
“Outcomes Of Posterior Labral Repair With Or Without Concomitant High-Grade Glenohumeral Chondral Pathology: A Retrospective Cohort With Minimum 2-Year Follow-Up,”
Virtual, October 2-3
Podium Recorded Presentation by B.L. Young and P.M. Connor

- 2020 Atrium Musculoskeletal Institute Research Day
“Reverse Shoulder Arthroplasty with and without Concomitant Latissimus Dorsi and Teres Major Transfer for Shoulder Pseudoparalysis with Teres Minor Dysfunction: A Prospective, Randomized Investigation”
 Charlotte, NC, June 26, 2020
First Place Award, “Best Clinical Research Paper”
 Podium presentation by **B.L. Young**
- 2019 AOSSM Annual Meeting
“Surgical Decompression for Thoracic Outlet Syndrome in Adolescent Patients”
 Boston, MA, July 11-14, 2019
 Podium presentation by Erin Ransom (BL Young, co-author)
- 2019 2019 Mid American Orthopaedic Association (MAOA) Annual Meeting
 Destin, FL, April 10-14, 2019
“Impact of Caffeine on Early Rotator Cuff Healing in a Rat Model”
 Podium presentation by BA Ponce (BL Young, co-author)
- 2018 2018 Annual Meeting of the American Shoulder and Elbow Surgeons (ASES)
 Chicago, IL, from October 11 – 14, 2018
“Reverse Shoulder Arthroplasty with and without Concomitant Latissimus Dorsi and Teres Major Transfer for Shoulder Pseudoparalysis with Teres Minor Dysfunction: A Prospective, Randomized Investigation”
 Podium presentation by Hamid, N (BL Young, co-author)
- 2018 OREF/ORS Southeast Region Resident Research Symposium
 Durham, North Carolina; September 19, 2018
“Reverse Shoulder Arthroplasty with and without Concomitant Latissimus Dorsi and Teres Major Transfer for Shoulder Pseudoparalysis with Teres Minor Dysfunction: A Prospective, Randomized Investigation”
First Place Award Winner
 Podium presentation by **B.L. Young**
- 2018 Southern Orthopaedic Association Annual Meeting 2018
 Palm Beach, FL; July 13
“Mechanism of Anterior Cruciate Ligament Injuries in the National Football League: A Systematic Video Review”
 Poster presentation by Ewing, M.A. (BL Young, co-author)
- 2018 American Society for Surgery of the Hand Annual Meeting 2018
 Boston, MA; September 13-15
“Concurrent Endoscopic Carpal Tunnel Release during Open Reduction Internal Fixation of Distal Radius”
 Hand-e Video Theatre, technique video
 Video presentation by: **BL Young** and WA Ward
- 2018 UAB Huntsville Regional Campus Research Conference 2018
 Huntsville, AL; April 3
“Evaluation of Orthopaedic Trauma Fellowship Web Sites and an Assessment of 21 Content Domains”
 Poster Presentation by C.K. Cantrell (BL Young, co-author)
- 2018 13th Annual Academic Surgical Congress
 Jacksonville, FL; January 30-February 1
“Accessibility and Content of Abdominal Transplant Fellowship Program Web Sites in the United States”
 Podium presentation by C.K. Cantrell (BL Young, co-author)
- 2018 13th Annual Academic Surgical Congress
 Jacksonville, FL; January 30-February 1
“Evaluation of Trauma, Surgical Critical Care, and Acute Care Surgery Fellowship Web Sites”
 Podium presentation by C.K. Cantrell (BL Young, co-author)
- 2018 2018 ASPN Annual Meeting
 Phoenix, AZ; January 12-14

“Surgical Decompression for Thoracic Outlet Syndrome in Adolescent Patients”
Podium Presenter: Dr. Erin Ransom (BL Young, co-author)

- 2016 The American Orthopaedic Association Annual Meeting and Leadership Conference
Seattle, WA; June 22-25, 2016
“U.S. Trends in Joint Replacement Surgery in Rheumatoid Arthritis Patients”
Poster presented BA Ponce (BL Young, co-author)
- 2015 Dale J. Benos Medical Student Research Day
Birmingham, AL; October 16
“Risk Factors for Increased Morbidity Following Thoracic Outlet Syndrome Surgery”
Poster presented by Heather Minton (BL Young, co-author)
- 2015 Comprehensive Arthritis, Musculoskeletal, Bone and Autoimmunity Center Research Conference
Best Poster Award Winner presented by BL Young
Birmingham, AL; September 18
“U.S. Trends in Joint Replacement Surgery in Rheumatoid Arthritis Patients”
- 2014 Dale J. Benos Medical Student Research Day
Birmingham, AL; October 26
“Factors Associated with In-Hospital Pulmonary Embolism after Shoulder Arthroplasty”
Poster: BL Young
- 2012 Auburn University Undergraduate Research Symposium
Auburn, AL; May 4
“Molecular Photovoltaic Systems Based on Porphyrin/Fullerene Assembled in Lipid/Alkanethiol Hybrid Bilayers”
Poster: BL Young

QUALITY IMPROVEMENT

Atrium Health Clinical Practice Guideline (CPG) for perioperative use of Tranexamic Acid (TXA) in patients with Isolated Extracapsular Hip Fractures
Authors: Bradley L. Young, MD; Madhav A. Karunakar, MD
MSKI 2020

PROFESSIONAL MEMBERSHIPS

- American Academy of Orthopaedic Surgeons - candidate Member since 2017
- American Orthopaedic Society for Sports Medicine - Resident Member since 2020
- AOSSM- Member 2022-Present
- American Academy of Hip and Knee Surgeons- Candidate Member since 2020
- Alabama Orthopaedic Society, member since 2023

TEAM COVERAGE

- 2023-Present American Indoor Football League, Professional
Columbus Lions
Columbus, GA
- 2024 - Present Southern Union Community College
Wadley and Opelika, AL
- 2024-Present Russell County Highschool

2022-2023	NCAA D1 Football Georgia Tech Football Atlanta, GA
2022-2023	NCAA D1 Basketball Georgia Tech Yellowjackets Atlanta, GA
2022-2023	NFL Atlanta Falcons Atlanta, GA
2018-2022	Charlotte Country Day, Varsity Highschool Football

SPECIAL CERTIFICATIONS

MACI ® Certified
Autologous Cultured Chondrocytes Implantation for Cartilage Damage

ABOS Board Certified Orthopaedic Surgeon